



Office: (802) 327-7079 Fax: (802) 866-1394
info@bluespruce.care

Welcome to Blue Spruce Health! We're excited to have you on board as a primary care patient. Below is some important information about our practice and how to get started:

****Contact Information:****

- Newport Office: 401 East Main Street, Newport, VT 05855
 - Patient Line: (802) 500-6923
- St. Johnsbury Office: 25 Depot Square, St. Johnsbury, VT 05819
 - Patient Line: (802) 397-9123
- Williston Office: 31 Market Street, Suite 2, Williston, VT 05495
 - Patient Line: (802) 456-4353
- Main Line: (802) 327-7079
 - Fax: (802) 866-1394
 - Email: info@bluespruce.care

Booking Your First Appointment:

- Schedule a 90-minute new member appointment approximately two weeks after joining.
- Book your appointment by calling/texting the respective office patient line or use our online booking link: [Online Booking Link](#)
- Please complete and return the Medical Records Release form as soon as possible. This will allow us to collect your previous medical records. Thank you!

Medical Needs or Concerns:

- For needs such as medication refills or immediate health concerns, call/text the patient line, and we'll assist you promptly.

Communication:

- We use the Spruce app for secure messaging and video calls. Download it here: [Spruce App](#)
- If you prefer traditional communication, call/text the patient line.

After-Hours Care:

- For urgent concerns outside business hours, follow the prompts on our voicemail or within the Spruce app to reach the provider on call.

Refills and Lab Work:

- Request refills or schedule lab work by phone/text. Allow two business days for refill processing.
- You can benefit from our in-office lab, which provides convenient and cost-effective services. Choose between discounted cash prices or have our Lab Partner bill your insurance.

Additional Services/ Referrals:

- If you require services beyond what Blue Spruce offers, we can coordinate with other facilities as needed. We're happy to send referrals or orders to other facilities or hospitals to ensure the best possible coordination of your care.

Cash Pay and Insurance:

- We offer highly discounted cash prices for ancillary items such as medication, supplements, imaging, and lab work, accessible to members with or without insurance. Additionally, we're available to assist with any insurance-related inquiries you may have.

Membership Benefits/ Resources:

- As a member, you now have access to a range of discounted services exclusively negotiated for our patients! Visit our website at www.bluespruce.care and explore the Membership Benefits section. We continuously update and add new member benefits and services, so be sure to check back regularly for the latest offerings or call us to learn more.

Feel free to reach out if you have any questions or need assistance. We're here to provide you with excellent care!

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